

International Needs TCS London Marathon 2026 Registration Form

Please complete this form if you'd like to be considered for one of our Golden Bond places.



Personal Details

Title _____ First Name _____ Surname _____
Address _____
Postcode _____ Telephone (daytime) _____ (Evening) _____
Email _____
Date of birth ____ / ____ / ____
Emergency name _____ Emergency contact number _____
(For use on the day of the marathon)

Work Details

Occupation: _____ Company or Institution name: _____

Does your company offer a matched giving scheme? Yes ☐ No ☐

Do they have a maximum that they will match? _____

International Needs

Are you new to International Needs? Yes ☐ No ☐

If yes, how did you hear of IN? _____

Please tell us why you would like to run for International Needs:





Have you taken part in any other running events? Yes ☐ No ☐

If yes, which one(s) _____

Did you raise funds for charity? Yes ☐ No ☐

If yes, which one(s) and how much did you raise? _____

International Needs depends on all runners who have successfully applied for one of our places on the London Marathon to raise necessary funds (£1,650) to support the lives of families across our development projects.

Please detail how you will go about raising funds to make sure you will achieve the target and how you will make up any shortfall after the marathon. Please let IN know how we can help you with your fundraising.

Marathon

Have you entered the London Marathon Official Ballot? Yes ☐ No ☐

How much do you pledge to raise for International Needs? _____

*** We require you to raise a minimum of £1,650.**

Please describe your current level of fitness:

1 being "not very fit" to 5 being "fit enough to run a marathon tomorrow!"

☐

1

☐

2

☐

3

☐

4

☐

5

If you have chosen a value between 1-3, please can you describe the training regime you have/will adopt to achieve marathon fitness?

Please choose your running vest size:

☐

S

☐

M

☐

L

☐

XL



By signing this form, I understand I am committing to:

☐

Raise a minimum of £1,650 (excluding Gift Aid) in sponsorship for International Needs, even if you are allocated a place in the main draw. If you do not reach the required amount of £1,650 in sponsorship, we would ask you to make up any shortfall.

☐

Set up a 'Givey fundraising page' specifying International Needs as your chosen charity, Registered Charity No 1175526.

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Send all sponsorship money raised to the International Needs office by the **end July 2026**.

☐

Please send your entry fee of £50 per place with this application. All money will be returned if you are unsuccessful.

☐

Joining a runners' chat group on WhatsApp

Application Timelines:

Application Deadline: 2nd February 2026

Applications Reviewed: 9th February 2026

Places Offered: 16th February 2026 onwards

We would like to keep you informed about the work of International Needs, Please select any ways you are willing to be contacted by us.

Email

☐

Phone

☐

Post

☐

Signature: _____ Date: ____/____/____

Please return your completed application via email to grace@ineeds.org.uk or post to: International Needs UK,
50 Biddulph Road, South Croydon, CR2 6QB.