International Needs The Virgin London Marathon **2020 Registration Form** Please complete this form if you'd like to be considered for one of our Golden Bond places.



Personal Details

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Work Details

Occupation: Company or Institution name:	
Does your company offer a matched giving scheme? Yes No	

International Needs

Are you new to International Needs? Yes No	
If yes, how did you hear of IN?	

Please tell us why you would like to run for International Needs:

Fund	Irais	ing	Exp	eri	ien	C
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International Needs Helping families create a sustainable future

Have you taken part in any other runnin	ig events? Yes	No	
If yes, which one(s)			
Did you raise funds for charity? Yes	No		
If yes, which one(s) and how much did ye	ou raise?		

International Needs depends on all runners who have successfully applied for one of our places on the London Marathon to raise necessary funds (£1,650) to support the lives of families across our development projects. Please detail how you will go about raising funds to make sure you will achieve the target and how you will make up any shortfall after the marathon. Please let IN know how we can help you with your fundraising.

Marathon

Have you entered the London Marathon Official Ballot? Yes No
How much do you pledge to raise for International Needs?
* We require you to raise a minimum of £1,650.
Please describe your current level of fitness:
1 being "not very fit" to 5 being "fit enough to run a marathon tomorrow!"
If you have chosen a value between 1-3, please can you describe the training regime you have/will adopt to achieve marathon fitness?
Please choose your running vest size:
S M L XL

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By signing this form, I understand I am committing to:
Raise a minimum of £1,650 (excluding Gift Aid) in sponsorship for International Needs, even if you are allocated a place in the main draw. If you do not reach the required amount of £1,650 in sponsorship, we would ask you to make up any shortfall.
Set up a 'Virgin Giving Page' specifying International Needs as your chosen charity, Registered Charity No 1175526.
Send all sponsorship money raised to the International Needs office by the end of July 2020.
Please send your entry fee of £50 per place with this application. All money will be returned if you are unsuccessful.
Joining a runners' chat group on WhatsApp

Application Timelines:

Application Deadline: 31 July 2019 Applications Reviewed: August 2019 Places Offered: September 2019
We would like to keep you informed about the work of International Needs, Please select any ways you are willing to be contacted by us.
Signature: Date:/

Please return your completed application via email to kim@ineeds.org.uk or post to: International Needs, Selsdon House, 212-220 Addington Road, South Croydon, Surrey, CR2 8LD.